

The One-Day Series

2026 Season

Annisquam Yacht Club
17 River Road
Annisquam, MA

Notice of Race (NoR) and Sailing Instructions (SIs)

1. GENERAL

- 1.1. The Annisquam Yacht Club Alerion 20 racing schedule consists of eleven One-Day Series for the Alerion 20 class and eight One-Day Series for the Laser class that are held over the course of the season. Each One-Day Series for each class consists of one or more races held on a particular race day. Boats compete for class honors in each One-Day Series. This is the NOR and SIs for each of those eleven series.
- 1.2. Eight of the One-Day Series also comprise the season-long Bay Series – the Club Championships.
- 1.3. The remaining three One-Day Series – the Tune-up, Independence Day and Crew-to-Skipper Scramble – are standalone, one-day competitions, open to the Alerion 20 class only.
- 1.4. All participants in a particular One-Day Series, including non-member participants, are welcome at the club after the racing for refreshments and the awarding of prizes.

2. RULES

- 2.1. Each One-Day Series is governed by the rules as defined in *The Racing Rules of Sailing for 2025 - 2028* (RRS).
- 2.2. [NP][DP]¹ RRS 40.1 applies at all times while afloat. (Personal flotation devices must be worn at all times while afloat, except for brief periods of time while changing or adjusting clothing or personal equipment.)

¹ The notation '[DP]' in a rule in the NoR or SIs means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. The notation '[NP]' in a rule of the NoR or SIs means that a boat may not protest another boat for breaking that rule nor request redress based on that rule. This changes RRS 60.1 and 61.1.

- 2.3. Each race shall begin with a 3-minute “dinghy” starting sequence according to US Sailing Prescription Appendix U “Audible-Signal Racing System”.
- 2.4. [DP] Alerion 20s must conform to the local Annisquam Yacht Club Alerion 20 fleet rules. The AYC Alerion 20 fleet rules are available on the Race Sail section of the AYC website at <https://annisquamyc.org/regatta-information>. Lasers must conform to the International Laser Class Association (ILCA) rules available at <https://ilcasailing.org/ilca-class-rules/>. ILCA 'Club' (recreational/practice) sails are permitted in this series so long as they do not provide a competitive advantage. This changes LCA Class Rules Part One (Fundamental Rule) and Part Two Sail Identification.

3. ELIGIBILITY AND ENTRY

- 3.1. Eligibility - Each One-Day Series is open to boats in the Alerion 20 and Laser classes. There is no requirement that skippers or other crew be members of the Annisquam Yacht Club.
- 3.2. [NP][DP] Entry - Registration for each One-Day Series happens on the water at any point in time prior to starting the boat's first race of the One-Day Series. Alerion 20 registration is accomplished by sailing past the stern of the committee boat and hailing them with sail number, number of people aboard, and vessel name, or by hailing them over VHF radio on channel 72 with the same information. Lasers need only to provide their sail number.
- 3.3. [NP][DP] Each Alerion 20 shall submit a written certification that it complies with the Annisquam Yacht Club fleet rules, if applicable, before the first race in which she competes. The certification form(s) are available on the Race Sail section of the AYC website at <https://annisquamyc.org/regatta-information>.
- 3.4. There is no cost for participation: Registration is free.

4. SCHEDULE

- 4.1. The One-Day Series for the determining the Bay Series Championship shall be held on the following eight dates: 7/5, 7/12, 7/19, 7/26, 8/2, 8/9, 8/16 and 8/23.
- 4.2. The One-Day Series for the Tune Up, Independence Day, and Crew to Skipper Scramble One-Day Series will be held on 6/28, 7/3 and 8/30 respectively.
- 4.3. The scheduled time for the warning signal for the first race each day is 1400 hours.

5. SCORING

- 5.1. One race is required to constitute a One-Day Series.
- 5.2. Scoring for each One-Day Series is according to the Low Point System (RRS, Appendix A).

5.3. No race scores shall be excluded. There is no throw out race.

6. PENALTY SYSTEM

6.1. Rules 44.1 and 44.2 are changed so only one turn, including one tack and one gybe, is required.

7. SIGNALS MADE ASHORE

7.1. Signals made ashore shall be displayed from the AYC flagpole on the front deck.

7.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 35 minutes' in Race Signal AP. This changes Race Signal AP.

8. COMMUNICATION

8.1. Postings by the AYC Race Sail Governor or PRO to The AYC Alerion Google Group (available at <https://groups.google.com/g/aycalerionfleet>) and to the AYC Laser Google Goup (available at <https://groups.google.com/g/ayclaserfleet>) shall serve as the official notice board.

9. CHANGES TO THE SAILING INSTRUCTIONS

9.1. Changes to the sailing instructions shall be posted by 1800 on the day before a given One-Day Series or may be communicated orally on the water before the first warning of the race to which they will apply. The black and yellow "L" flag will be displayed to indicate to competitors to come within hailing distance.

10. RACING AREA

10.1. The racing area can be seen in Addendum A.

11. COURSES

11.1. The courses are shown in Addendum B along with descriptions of class flags and marks.

12. PRIZES

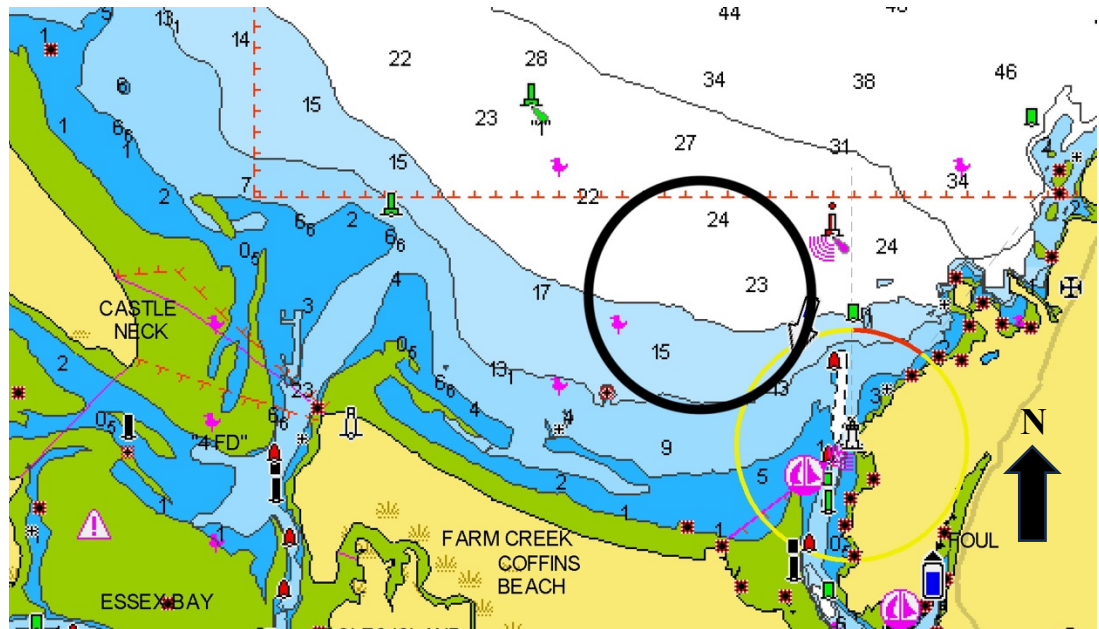
12.1. Small prizes shall be awarded at the Annisquam Yacht Club for the top three finishers in each One-Day Series.

13. FURTHER INFORMATION

13.1. For further information please contact the Race/Sail Governor (acesailgov@annisquamyc.org).

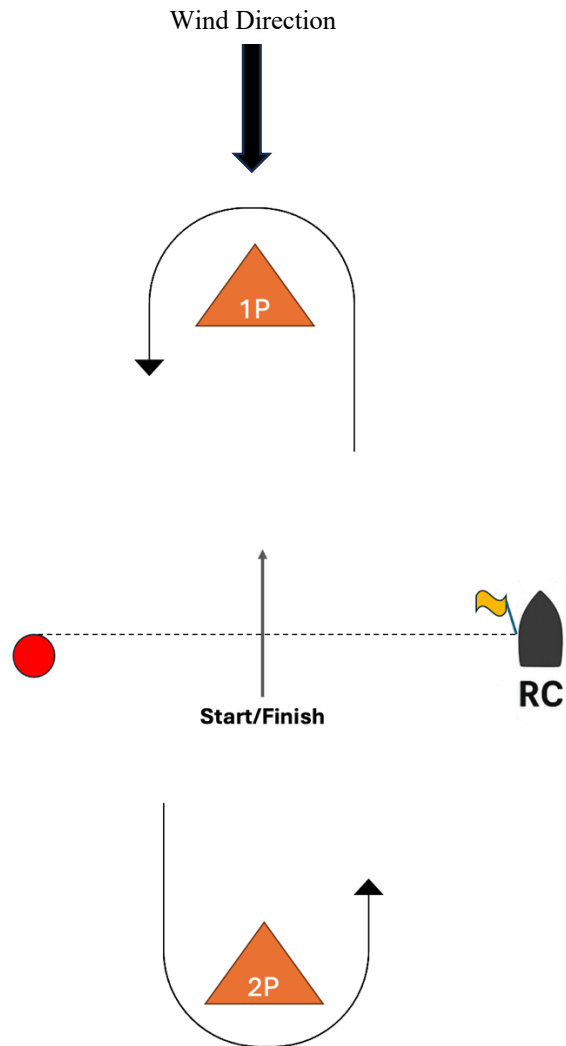
ADDENDUM A: RACING AREA

The black circle represents approximate racing area, to the Northwest of the Annisquam harbor.



ADDENDUM B: COURSES

COURSE A:



Rounding order:

Start, 1P left to port, 2P left to port, Finish.

Description of marks:

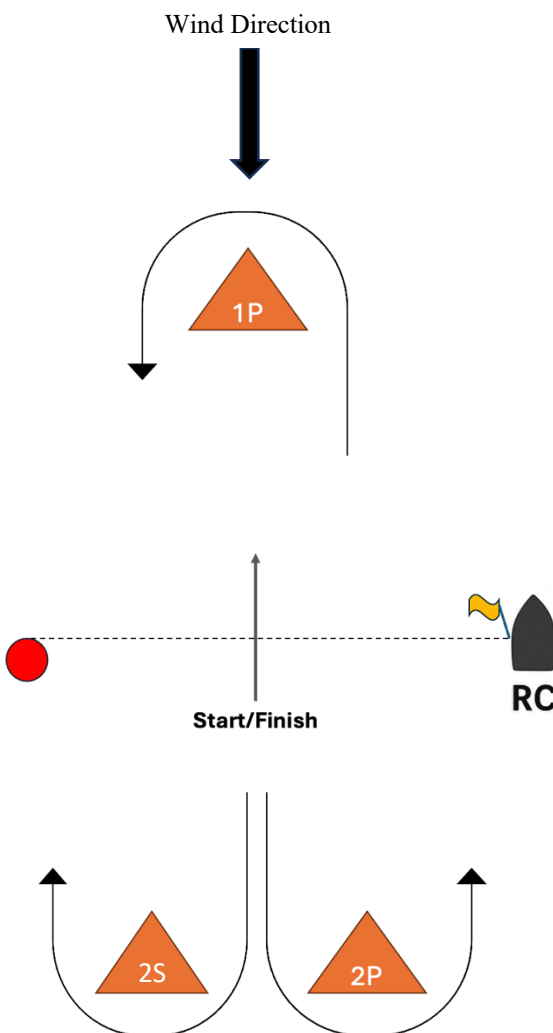
The start and finish line are between a red hippity hop on the port end and the orange flag on the committee boat on the starboard end. The windward and leeward marks will be large inflatable tetrahedrons.

NOTE: The start/finish line is open and may be sailed through on the downwind leg between 1P and 2P.

Class Flags:

The Alerion Class flag is a white flag with a blue Alerion "A" symbol/logo.
The Laser (ILCA) Class Flag is a white flag with a Red Laser symbol/logo.

COURSE AG:



Rounding order:

Start, 1P left to port, 2P left to port or 2S left to starboard, Finish.

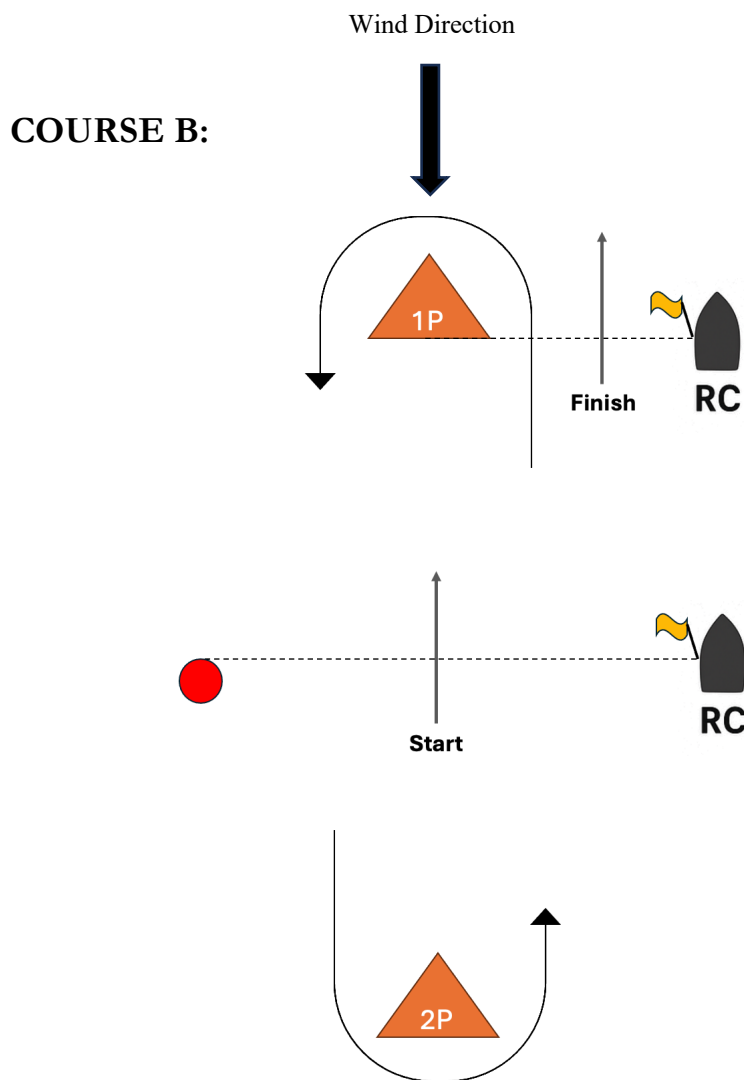
Description of marks:

The start and finish line are between a red hippity hop on the port end and the orange flag on the committee boat on the starboard end. The windward and leeward marks will be large inflatable tetrahedrons.

NOTE: The start/finish line is open and may be sailed through on the downwind leg between 1P and 2P.

Class Flags:

The Alerion Class flag is a white flag with a blue Alerion "A" symbol/logo.
The Laser (ILCA) Class Flag is a white flag with a Red Laser symbol/logo.



Rounding order:

Start, 1P left to port, 2P left to port, Finish (at the windward mark).

Description of marks:

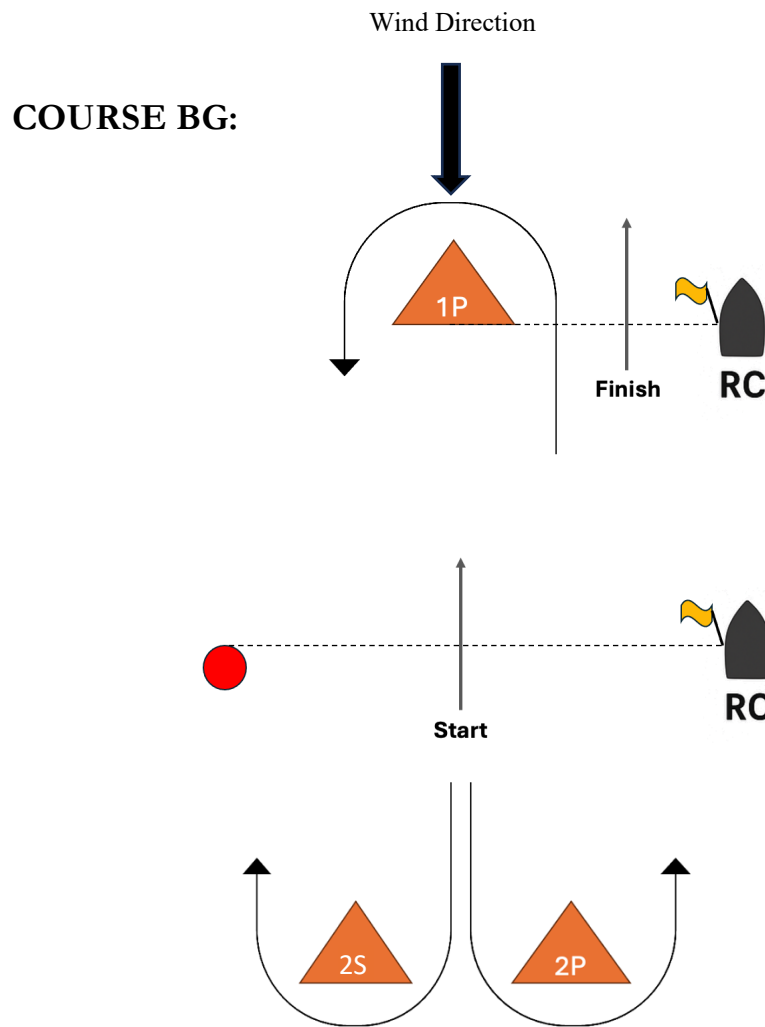
The start line is between a red hippity hop on the port end and the orange flag on the committee boat on the starboard end. The windward and leeward marks will be large inflatable tetrahedrons. The finish will be at the windward mark with the large tetrahedron (1P) acting as the pin end of the finish line.

NOTE: The start/finish line is open and may be sailed through on the downwind leg between 1P and 2P. The committee boat will move to the finish location after both fleets have started.

Class Flags:

The Alerion Class flag is a white flag with a blue Alerion “A” symbol/logo.

The Laser (ILCA) Class Flag is a white flag with a Red Laser symbol/logo.



Rounding order:

Start, 1P left to port, 2P left to port or 2S left to starboard, Finish (at the windward mark).

Description of marks:

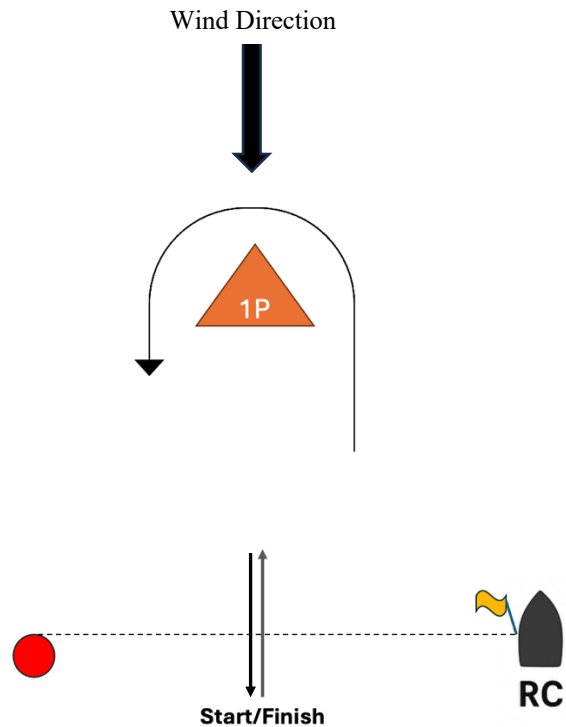
The start line is between a red hippity hop on the port end and the orange flag on the committee boat on the starboard end. The windward and leeward marks will be large inflatable tetrahedrons. The finish will be at the windward mark with the large tetrahedron (1P) acting as the pin end of the finish line.

NOTE: The start/finish line is open and may be sailed through on the downwind leg between 1P and 2P. The committee boat will move to the finish location after both fleets have started.

Class Flags:

The Alerion Class flag is a white flag with a blue Alerion “A” symbol/logo.
The Laser (ILCA) Class Flag is a white flag with a Red Laser symbol/logo.

COURSE C:



Rounding order:

Start, 1P left to port, Finish (downwind).

Description of marks:

The start and finish line are between a red hippity hop on the port end and the orange flag on the committee boat on the starboard end. The windward mark will be a large inflatable tetrahedron.

Class Flags:

The Alerion Class flag is a white flag with a blue Alerion "A" symbol/logo.
The Laser (ILCA) Class Flag is a white flag with a Red Laser symbol/logo.

ADDENDUM C: REVIEW OF RRS RACE SIGNALS

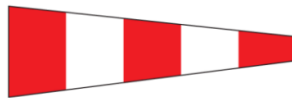
RACE SIGNALS

The meanings of visual and sound signals are stated below. An arrow pointing up or down ($\uparrow \downarrow$) means that a visual signal is displayed or removed. A dot ($\bullet$) means a sound; five short dashes (-----) mean repetitive sounds; a long dash (—) means a long sound. When a visual signal is displayed over a class flag, fleet flag, event flag or race area flag, the signal applies only to that class, fleet, event or race area.

Postponement Signals



AP Races not started are *postponed*. The warning signal will be made 1 minute after removal unless at that time the race is *postponed* again or *abandoned*.



AP over H Races not started are *postponed*. Further signals ashore.



AP over A Races not started are *postponed*. No more racing today.

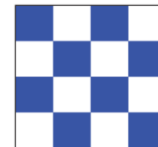
Abandonment Signals



N All races that have started are *abandoned*. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is *abandoned* again or *postponed*.

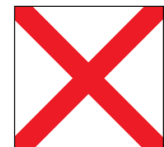


N over H All races are *abandoned*. Further signals ashore.



N over A All races are *abandoned*. No more racing today.

Safety



V Monitor communication channel for safety instructions (see rule 37).

Recall Signals



X Individual recall.



First Substitute General recall.
The warning signal will be made
1 minute after removal.

Other Signals



L Ashore: A notice
to competitors has
been posted.
Afloat: Come within
hail or follow this
vessel.



(no sound)

Orange flag.
The staff
displaying
this flag is
one end of the
starting line.